

# Thank you for helping us to help you



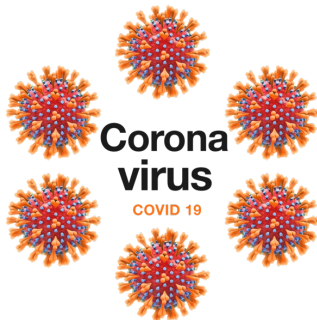
2020 has been the most challenging year in the history of the NHS. We would like to thank you for supporting our hard working staff.



We also want to thank:

- all the health and social care staff
- all the key workers

for everything they do to help the community.



Because of COVID-19 the NHS has had to change the way that it works. Some services look very different now.



We all need to keep safe and look after our own health and use the services carefully.

## Getting the treatment you need



People who need planned treatment will be asked to go to appointments in Dorset Hospitals.



Our staff are working through the list of patients who have had to wait for treatments. We will be making sure that the most urgent patients are seen first.



We have made changes to keep staff and patients safe. These changes mean that some treatments are taking longer than usual.



If you need help or advice, and it is not an emergency:

Call 111 or

Visit the website [www.111.nhs.uk](http://www.111.nhs.uk)

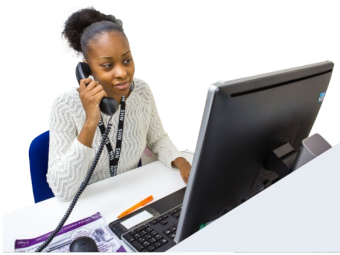


**Please do not just turn up at a minor injuries unit or doctors surgery.**

## Primary Care is here for you



Your doctor (GP) treats all common medical conditions. You can get in touch with them by telephone or e-consult. E-consult is an online form that you fill in.



Staff at the Doctors Surgery will tell you if you need to make a face to face appointment.



It its really important that:

- Children still get their vaccinations
- Women go for their cervical screenings



If you are invited to an appointment please make sure you attend.

## Making sure NHS services are better



Most of our services have been working to make things better for people to get support. We have made some new services too.



Some people are now having appointments by video call. We also have new types of care for mental health.

## Staying Alert



Thank you for your support. The risk from COVID-19 is still here. It is important to continue to follow the social distancing rules.



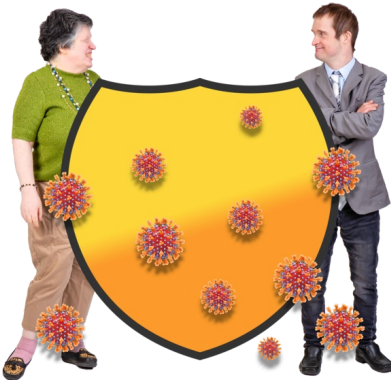
Where we can, we still need to stay 2 metres (6 foot) away from each other.

We also need to wear face coverings, like masks.

We also need to wash our hands.



The Dorset COVID-19 Health Protection Board are looking at the number of people who have COVID-19. We want to work quickly if the number of people with COVID-19 goes up.



People in Dorset have done really well so far. We want this to carry on. We want people to keep their family, friends and local communities safe and **protect** the NHS.



Thank You.

Website: [www.withyouedorset.nhs.uk](http://www.withyouedorset.nhs.uk)

# On behalf of the NHS in Dorset



**Dorset County Hospital**  
NHS Foundation Trust

## **Dorset County Hospital NHS Foundation Trust**

Patricia Miller, Chief Executive

Professor Alastair Hutchison, Medical Director

Nicky Lucey , Director of Nursing and Quality Director of Infection and Prevention and Control

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**Dorset**  
Clinical Commissioning Group

## **NHS Dorset Clinical Commissioning Group**

Dr Forbes Watson, Chair

Dr Karen Kirkham, Assistant Clinical Chair

Vanessa Read, Director of Nursing and Quality

Tim Goodson, Chief Officer

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**Dorset HealthCare University**  
NHS Foundation Trust

## **Dorset HealthCare University NHS Foundation Trust**

Eugine Yafele, Chief Executive

Dawn Dawson, Director of Nursing, Therapies and Quality

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**Poole Hospital**  
NHS Foundation Trust

## **Poole Hospital NHS Foundation Trust**

Dr Matt Thomas, Consultant Physician, Acting Medical Director

Patricia Reid, Director of Nursing

## **The Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust**

Dr Alyson O'Donnell, Medical Director

Paula Shobbrook, Director of Nursing and  
Midwifery

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## **Poole Hospital NHS Foundation Trust and The Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust**

Debbie Flemming, Joint Chief Executive



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